

NLP Master Practitioner Training & Certification Overview

Online • Online Plus • One-on-One



The iNLP Center



Mike & Hope Bundrant
iNLP Center Founders

The iNLP Center is an Internationally Accredited NLP Training Center.

We offer unique, online and individualized NLP trainings. Our revolutionary approach to NLP and inspired personal development courses are paving the way toward the future of online learning.

People from every continent take courses with us and appreciate that we are a no-hype school teaching NLP through grounded, real-world application. We offer a learning experience that will make a significant difference in your life! If you really want to grow personally and professionally, this is the place!

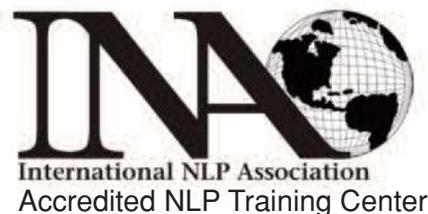
The iNLP Center focuses on NLP training in a real world environment...your own! By offering both online NLP training and personalized, one-on-one certification, you will learn NLP at your own pace.

We take NLP training seriously. And we have worked with some of the best names in the world of NLP, including Michael Grinder. Michael has been an integral part of NeuroLinguistic Programming since its inception and is considered by many as the world's foremost expert in non-verbal communication. Here is what Michael Grinder has to say about us:



"The shrinking world of tomorrow has already arrived. The world of speed, cross-cultural sensitivity, and distance learning demands that we redefine how we package NLP training and support participants.

Mike Bundrant has accepted the challenge of online global learning while maintaining the high quality standards that are critical for the credibility of our field. The iNLP Center is respectfully delivering personal support along with rigid standards of performance. Congratulations, Mike! Keep it up." – Michael Grinder



Approved Learning
Center



NLP Master Practitioner Training & Certification

As opposed to our Practitioner training, our Master Practitioner training is a more in-depth course focusing on one technique or modality per module.

You'll practice and learn the steps to advanced NLP techniques, some not found anywhere else.

You will also discover that NLP offers is an amazing new paradigm. The perspective, fluidity, and structural way of viewing the world will change your life forever.

See the world through NLP filters and a new universe is born before your eyes.

NLP Practitioner Certification Course Outline

- Module 1: Psychological Levels of Development
- Module 2: The Physiology Map
- Module 3: 12 States of Attention
- Module 4: The Quad Map
- Module 5: Criteria for Psychological Safety
- Module 6: Metaphoric Intervention
- Module 7: Core Transformation
- Module 8: The Default Mode Network
& Stress Management
- Module 9: Meta Programs
- Module 10: Presuppositions
- Module 11: Logical Levels
- Module 12: Final Test

What's included in your training?

- 5 Demonstration Videos
- 30 Audio Files
- 11 Downloadable Workbooks
- LIVE access to the lead NLP trainer, Mike Bundrant, via phone, email or Skype
- Growth exercises to increase awareness
- Fast and effective technical support 7 days a week
- Plus, you get our 6-course Personal Development Program

Training Components



Downloadable Manual

Each NLP Module comes with a clear and easy-to-follow manual that serves as your guide through the course. Print out the manual if you desire, then follow along, paying attention to the prompts that direct you to listen to audio guides, watch videos, and do specific written and experiential exercises.



Audio Guides

Most modules offers online audio guides. Download these onto your device or listen to them in your web browser. These guide serve as a valuable part of your NLP education. The manual will direct you when to listen.



Video Demonstrations

The more complex NLP Models are demonstrated for you on video. Watching the video demonstration allows you to see the technique in action so that you can duplicate the process easily when practicing.



Exercises

Throughout most modules, you will find short written exercises to complete. They are intended to get you thinking about the material you are learning while internalizing key concepts and patterns. Most modules will have you report your results via email to our master trainers to receive feedback.



Stealth Missions

Stealth missions are an exciting opportunity to practice your new skills. We give you specific goals when interacting with others. You set out the achieve those goals by applying your new awareness and communication skill when interacting with others in your life. Stealth missions are simple, fun and always ethical.



Essay Tests

At the end of each module, you will submit short answer essay test for review by a master trainer. The tests are designed to expand your awareness and give your trainer the chance to review your progress. Each test is reviewed personally and feedback is given.

MM1

Psychological Levels of Development



WHAT YOU WILL LEARN

It's easy to understand that a small child of five years of age does not possess the same knowledge, skills and awareness that a mature adult of 50 has. Between five and 50 are years of learning and experience for which there is no substitute. To achieve a similar degree of development as a mature adult, there seems to be no choice but for the child to go through a similar number of years, adding to his experience and awareness along the way.

Any methodology intended to help people would benefit from this kind of developmental understanding of the process of maturation. In the world of psychology, many authors and researchers have written on this subject. iNLP has taken the work of the foremost developmental theorists and synthesized it into a model that we teach in our public trainings and use in our private work with people.

We believe that understanding where someone is in the larger course of their life sheds light on how to work with them. This includes knowing which goals to set, which techniques to use and what results to expect.

INCLUDED

- Downloadable Manual
- 2 Audio Guides
- 1 Growth Exercise
- Essay Test



BENEFITS

Know where you are and what you need to do as an adult interested in growth

Understand what to help people with and when

Be able to address your own and clients' deepest psychological needs

Understand why so many interventions fail

MM2

The Physiology Map

WHAT YOU WILL LEARN

The Physiology Map is a model developed by NLP Santa Fe and the iNLP Center. The Physiology Map tracks emotions, or physiological states, which we consider to be one and the same. Each physiological state we experience has certain qualities or characteristics.

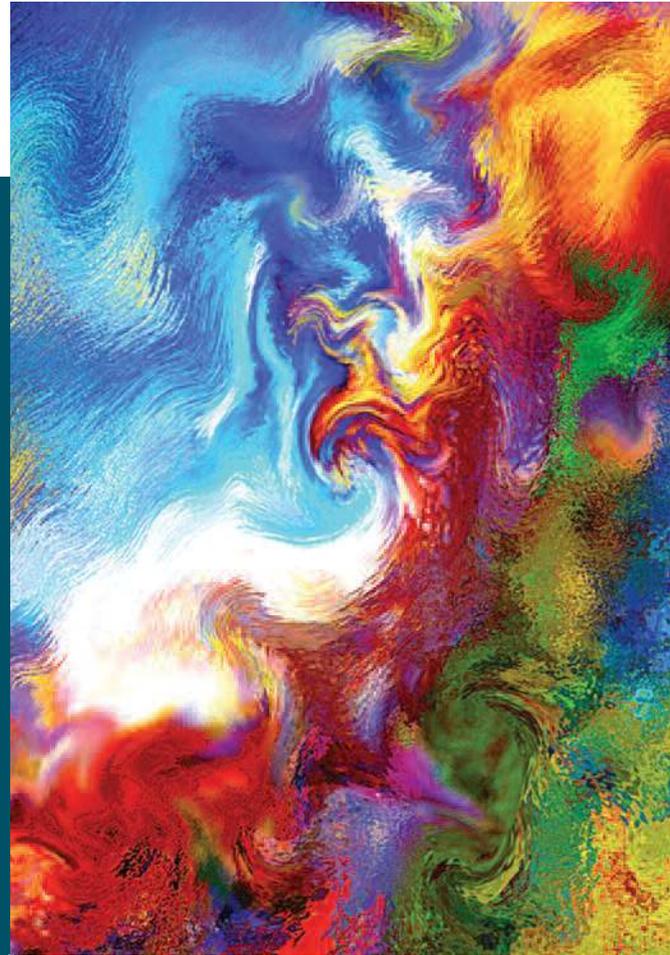
We attempt classify those characteristics with this model. The Physiology map implement the concepts of Associative/Dissociative and External/Internal as a way to map ones emotional state into quadrants. When we understand the Physiology Map and it's implications for human behavior, it becomes clear for us how to use this NLP model to help people, and ourselves, move in useful directions.

BENEFITS

Know specifically what you need to do to get unstuck

Develop strategies to achieve positive emotional states

Understand where conventional wisdom fails to create lasting emotional flexibility



INCLUDED

- Downloadable Manual
- 4 Audio Guides
- 3 Growth Exercises
- Essay Test

MM3

12 States of Attention

WHAT YOU WILL LEARN

As you know, within NLP there is great emphasis on three of our sensory systems: visual, auditory, and kinesthetic (seeing, hearing and feeling). Each system is known as a modality. Using traditional NLP we go beyond analyzing what we are thinking or experiencing by learning how our thoughts and experience are structured in our brain. Understanding this structure and how to influence it gives us monumental advantages.

Beyond seeing, hearing and feeling, we can make two other essential sensory distinctions (and we are not referring to olfactory/smell or gustatory/ taste). The broad-narrow and internal-external sensory distinctions add a new level of sophistication to the VAK model.

These two additional sensory distinctions are probably more important to our psychological functioning than seeing, hearing and feeling alone.

BENEFITS

Radically increased visual, auditory and kinesthetic flexibility

Ability to access VAK places where it is impossible to get stuck

INCLUDED

- Downloadable Manual
- 4 Audio Guides
- 3 Integrated Exercises
- Essay Test



MM4

The Quad Map



WHAT YOU WILL LEARN

Our minds are constantly in motion, remembering past experiences and imagining future experiences. It is interesting how little time we spend in the present, in this moment, with our attention directed fully toward the external world. So often we are inside our mind, attending to inner life. So much of our experience, both positive and negative, is influenced by how we direct our attention.

What if we knew just how to direct people's attention to the most helpful place? Imagine a child coming to you, describing how hurt she feels because her friends have betrayed her. There is a way to ask a question or make a comment to that child that will drive her further into her pain. And there is a way to give her hope. Which do you want to do?

Imagine your boss coming to you, complaining about your work progress over the last month. When you have a chance to respond, you have the option of directing him in a direction that will further convince him of his position, or open his mind toward a more positive outlook. Which do you want to do?

The questions we ask and the comments we make invite others to direct their minds in ways that will be helpful, productive and positive, or not. Understanding the Quad Map gives us a significant advantage when we communicate with others.

BENEFITS

More control of your mind and attention

Ability to get unstuck quickly

Get to a positive mental outcome efficiently, regardless of the starting point

INCLUDED

- Downloadable Manual
- 1 Audio Guide
- 3 Video Demonstrations
- 3 Growth Exercises
- Essay Test



MM5

Criteria for Psychological Safety

WHAT YOU WILL LEARN

Emotional safety is primal. If we do not find a way to feel safe each and every day, we cannot accomplish much beyond reacting to the vague yet constant threat. Most of our life is geared towards reducing anxiety and getting to a place where we feel safe.

Worse, often we put ourselves in threatening situations in the name of personal growth. Too many personal growth advocates push people to break far out of their comfort zone. Expand beyond your limits, destroy obstacles and succeed beyond your wildest expectations! This is a terrible set up that is destined to fail.

Suddenly expanding beyond perceived limitations, which are psychological protections, brings with it fear of the unknown that sends the primitive brain into a tailspin. If it were possible to suddenly destroy your every psychological defense mechanism and wildly expand your boundaries to include all sorts of unfamiliar experiences, you'd experience an incredible rush of panic.

A quest for inner peace, as well as personal development, should honor the need for emotional safety. You are wired for personal safety and your personal development plan needs to be equally wired! If not, you are picking a fight with your primitive brain. This is a fight you will lose.



BENEFITS

Feel safer every day

Enhanced confidence and motivation

Clearer decision making and prioritizing

INCLUDED

- Downloadable Manual
- 2 Audio Guides
- 1 Video Demonstration
- 1 Growth Exercise
- Essay Test



MM6

Metaphoric Intervention



WHAT YOU WILL LEARN

Our concept of existence is metaphorical in nature. We can only comprehend life, objects and ourselves by association, which is the broad meaning of metaphor - to understand one thing in terms of another. The earth is a tiny ball floating through space. Associating the earth with a floating ball helps us put things in a context that fosters understanding. Here are some other examples:

- The brain is like a computer
- Life is a test
- College is like a 24/7 party
- Time is money
- Argument is war

The metaphor we choose or inherit, often deeply unconscious, holds tremendous power over how we feel, think, behave and interact with other people.

This module will help you discover your personal life metaphor and show you how to change it, if necessary, to something deeply empowering

INCLUDED

- Downloadable Manual
- 4 Audio Guides
- 6 Growth Exercises
- Essay Test



BENEFITS

Align yourself with the most meaningful and powerful way for you to view life

Discover that your behaviors are expressions of your life metaphor and watch them change as your metaphor changes.



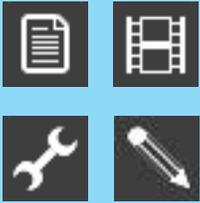
MM7

Core Transformation



INCLUDED

- Downloadable Manual
- 1 Video Demonstrations
- 3 Growth Exercise
- Essay Test



BENEFITS

Deep self-acceptance

Tame the angry, rebellious, hidden or outcast parts of yourself

Experience your core state for perhaps the first time

WHAT YOU WILL LEARN

The Core Transformation method is one of the deepest and most sophisticated processes in the field of NLP. The method was developed by Connie Rae Andreas, who has given the iNLP Center permission to teach it.

The goal of Core Transformation is to help one reach their core state, which is a state of wholeness, oneness, peace or connection to the universe. As you work your way up and down the steps, one will see their ability to access their core state at any moment. Every step of the process leads toward that state of wholeness.

In this module, we break down the steps. The video demonstration show each part of the process so you will be able to replicate it with a client. The exercises featured in this module allow you to try it with a friend and work on yourself as well.

MM8

The Default Mode Network & Stress Management

WHAT YOU WILL LEARN

Sometimes it may seem like there is a little demon living inside your brain making you feel tense and miserable. Well, there is! Your brain has an internal network, the Default Mode Network (DMN) that, when active, continually generates an ocean of mental activity and body tension. The DMN never, ever stops churning unless you are purposefully engaged in a particular kind of cognitive task. When your task-oriented mind is resting, the DMN is working overtime. This is a proven, scientific fact that has been validated via fMRI scans (see references).

When the DMN is overactive, common in today's world, it is like a digital clock that blinks the word "stress" incessantly. You move throughout your day on autopilot, with churning, grinding thoughts and body tension ruling your awareness. Your stress and preoccupation get in the way of dealing with others, getting work done and even sleeping.

BENEFITS

- Dramatic and immediate stress reduction
- Great tools to use on the go
- Live in the immediate here and now

INCLUDED

- Downloadable Manual
- 7 Audio Guides
- 5 Growth Exercises
- Essay Test



MM9

Meta Programs



WHAT YOU WILL LEARN

In NLP, meta programs are information filters. They are mental sorting devices that determine which information to keep, which to ignore, which to act upon and how to act upon it.

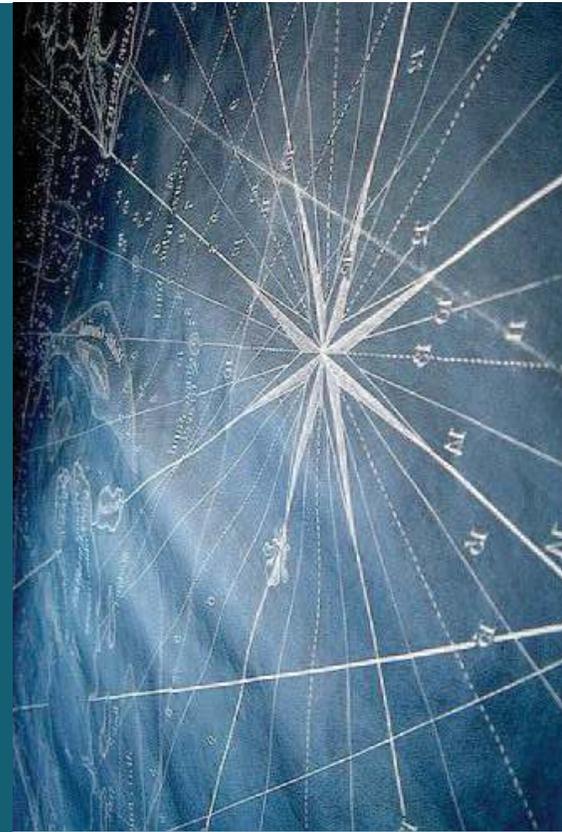
Meta programs guide decisions and behaviors. Some meta programs are so powerful that they can almost seem like personality traits. They're not, though. They are simple filters that guide us through a world of information. Most often, meta programs are deeply unconscious. They do their work under the surface and are only rarely discovered by people (who are typically studying NLP).

When you understand key meta-programs, you gain an unusually powerful insight into human behavior, decision-making, motivation, communication styles and more.

BENEFITS

Understand key drivers of human behavior

Become better at influencing others with integrity



INCLUDED

- Downloadable Manual
- 1 Audio Guide
- 5 Growth Exercise
- 2 Stealth Missions
- Essay Test



MM10

Presuppositions

WHAT YOU WILL LEARN

Presuppositions are the linguistic equivalent of what most people call assumptions. Presuppositions refer to what must already be assumed to be true for the question or statement to make sense.

Presuppositions are typically not stated directly. They are hidden assumptions in conversation.

Every sentence we speak in our everyday life has presuppositions in it. In the majority of cases we tend not to consciously recognize what we have presupposed, and concentrate on what is directly stated.

Therefore, presuppositions are unconsciously accepted as being true. This often has a direct impact upon behavior, whether or not the assumption is accurate.

INCLUDED

- Downloadable Manual
- 7 Growth Exercises
- Essay Test



BENEFITS

Understand the limited assumptions others make and turn them into breakthroughs

Tailor your communication to empower others



MM11

Logical Levels

WHAT YOU WILL LEARN

The classic logical levels model, as introduced by Gregory Bateson, has long served as a guide for practitioners to know how to intervene. In this module, you will learn the nuts and bolts of Logical Levels. It will answer questions that you never thought to ask, such as:

Why are some behaviors so hard to change, and what can you do about it?

Where is the most efficient and effective place to intervene when someone presents a problem?

Where is the highest leverage place to intervene?

BENEFITS

Always know where to help people in the most efficient, effective way and with the highest amount of leverage you need to solve problems.



INCLUDED

- Downloadable Manual
- 4 Audio Guides
- 3 Growth Exercises
- Essay Test



MM12

Certification Test



Module 12 is your certification test.

We've designed a special test that will help you integrate the learning from all prior modules in this training. As you move through the personalized test, you'll put together a road map toward a specific, large chunk goal in your future.

You'll apply everything you've learn thus far in the training to this goal, dramatically increasing your chances for success and ensuring that the next period of your life will be filled with personal growth and personal empowerment.

How do our NLP Training & Certification programs work?

Our NLP Certification can be conducted entirely online or downloaded to work offline.

You have access to the training materials 24 hours a day, every day of the year! Whether you work online or offline, you can work on your certification at your own pace with no completion time limits.

Once enrolled, you will be directed to add yourself to our student list and given the access codes to the program you enrolled in. Your courses will be available immediately. You do not have to wait to get started. Additionally, you will also be given access to our personal development courses as a bonus!

We provide feedback on your essay answers to ensure your understanding of the material. Whenever you need help or have a question, you will have direct access to a responsive NLP trainer that you can speak with over the phone or Skype, or email.

Once you have completed all modules, your coursework will be evaluated and your printed NLP practitioner or master practitioner certificate will be signed and mailed to your physical address by US Mail. You may also request a digital copy be emailed to you.



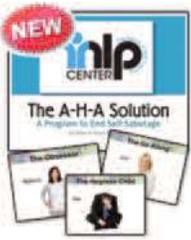
Taking this Course is Simple!

For each module you will:

1. Download or click open the workbook
2. Listen to the audio and watch the videos as the workbook directs
3. Complete compelling exercises, psyche builders or stealth missions, as directed
4. Report on your exercises through essay questions via email.

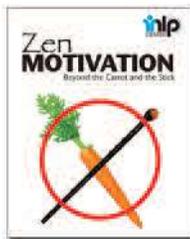


Bonus NLP-Based Personal Development Programs



The AHA Solution: How to End Self-Sabotage

This unique program addresses the most overlooked issue in personal growth: Psychological Attachments. When you understand your negative attachments, you hold the keys to changing those "impossible" behaviors and feelings that may have been part of your psyche for as long as you can remember.



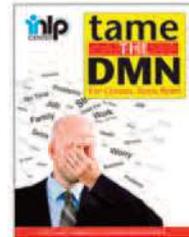
Zen Motivation: Beyond the Carrot and the Stick

Making personal changes can be tough. Even when we know those changes will lead to greater success -- we still resist. One reason for this astonishingly high failure rate has to do with the typical methods used for self-motivation. Zen Motivation changes the quality of your motivation at the most fundamental level.



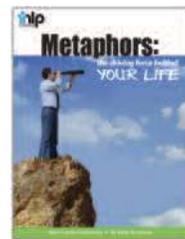
Cooling the Fire: The Conflict Resolution Strategy

Most of us attempt to resolve conflicts with other people in an unproductive way. We tend to do the exact opposite of what we should. Cooling the Fire explains why typical conflict resolution methods are ineffective... and introduces a better model.



Tame the DMN for Chronic Stress Relief

The Tame the DMN stress management program pinpoints the specific brain network responsible for generating the spinning thoughts and mind chatter that define high stress living. Learning to deactivate this brain network will help relieve your chronic stress... and change your life forever.



Metaphors: The Driving Force Behind Your Life

So often we act as if we don't have a choice in the way we experience life. The truth is, you can radically change your world by changing your Life Metaphor.



3 Soul-Stirring Questions

As you make an effort to improve your life, consider the following: What if some of your deepest needs were overlooked? Three Soul-Stirring Questions is an NLP-based course that will help you achieve higher self-awareness and greater personal freedom.

**All six programs are included
with your NLP Training
enrollment!**

Three Practitioner Trainings to Choose From

Enroll Now

Online NLP Master Practitioner Certification

Our online NLP Master Practitioner Training is an independent study course which includes our twelve learning modules. Each module includes a manual, audio file, video files and growth exercises. At the end of each module you will be required to report the results of your exercises via email. Once course is completed, your coursework will be evaluated and you will receive your NLP Master Practitioner Certificate issued by iNLP Center and the International NLP Association. *Read More*

Enroll Now

Online NLP Master Practitioner Certification PLUS

Our Blended Learning NLP Practitioner Certification combines our traditional online training plus includes five private sessions with an iNLP Center certified trainer. Unlike our One-on-One course which covers a 6-month duration, our Blended Learning NLP Certification is at your own pace, allowing you to schedule your one-on-one sessions whenever you choose throughout your training. This is a perfect fit for the student that wants to either work at a faster pace or take their time. Additionally, one-on-one sessions can be used to cover our personal development courses to allow for a fuller training experience focused on self-growth. *Read More*

Enroll Now

One-on-One NLP Master Practitioner Certification

This Personalized NLP Master Practitioner Training is a one-on-one bi-weekly (every other week) training with Mike Bundrant conducted via video conferencing. This NLP training is customized to your needs and life challenges in a life-coaching style where you learn Master NLP material through personal exploration. It includes 15 private sessions and takes 6 months to complete at which time you will receive your NLP Master Practitioner Certification. NLP Practitioner Certification from a reputable training center is required. *Read More*

Available after master practitioner completion:

Once you've completed your master practitioner certification you have the option of attending our NLP Trainer's Training. This course prepares you for teaching and certifying students through iNLP Center. You would have the ability to work with iNLP Center as a certified trainer, offering certification through us. This course is not open to anyone, but is by invitation only. Please inquire if you would like to be considered.

NLP Trainer's Training

This course teaches a master NLP practitioner how to teach NLP to individuals or small groups. Upon successful completion, a master practitioner is a certified iNLP Center trainer. *Read More*